



Loss Doulas International

Roadmap of BLFA/BLD Certification Requirements

Baby Loss Family Advisor/Loss Doula



Name _____

This is your Roadmap or 'working guide' for the certification process. Check each off as you make progress. You will need to have accomplished everything that is required to become certified. We prefer you save everything to your Dropbox account.

- Membership current** (If you sign up right away, you are eligible for discounts on books and other membership benefits like being on our referral listed on website.)

Membership sign-up date: _____

Payable online, by check or by money order www.babylossfamilyadvisors.org

PRE- TRAINING

- Reading / Viewing packet** (Along with the readings/viewings in this packet, you will need to get copies of the three required books (. If you need copies, you can get them from us at www.babiesremembered.org in the eSHOP) or order them from Amazon or B&N.

- Part I Required readings / viewings / assignments completed** (details included in the Dropbox file under Part I.) Empty Arms (Ilse), Companioning After a Perinatal Loss (Eustis), The Birth Partner (Simpkin) to be reviewed by all non-birth professionals. Books can be ordered from www.babiesremembered.org/shop or on the internet. Four of the 10 LDI Modules Certification Modules (8 hours) need to be viewed online prior. The other 6 modules will be done in person at the training (17.9 CEUs).

- Participate in two 90 minute web/telephone pre-class sessions.** Students will show they have completed the readings, A-V viewings and the 4 LDI Modules (8 hours) during these two sessions and will network with other participants prior to the training.

- Website Training**

- HIPAA Privacy completed, certificate received.** (The power point is short and can be found at... <http://starlegacyfoundation.org/education-programs/> at the bottom of the page. You may substitute any HIPAA training you have had. Please be prepared to provide a certificate of attendance.

Date: _____ Sponsor: _____

- Universal Precautions completed, certificate received.** (The power point is short and can be found at... <http://starlegacyfoundation.org/education-programs/> at the bottom of the page.) You may substitute any Universal Precautions training you have had. Please be prepared to provide a certificate of attendance.

Date: _____ Sponsor: _____

- Modules (check each one you watched and completed the 5+ points/feedback)**

 ___#2 ___#3 ___#4 ___#7 (Once you pay your training/certification fee, these are sent to you from our VIMEO account.)

- Application submitted** (We recommend this be done prior to training, but it can be done later.)

TRAINING RELATED

LDI Loss Advisor/Loss Doula Training – Attendance Certificate

Dates attended: _____

Workshop Location: _____

Instructor: _____

On-line Synthesis-Reflective assessment submitted _____ (date)

<http://www.surveymonkey.com/s/HMZXHRW3> (Please do within 2 weeks of training).

On-line Resource List assignment submitted _____ (date)

<http://www.surveymonkey.com/s/BNLZTKD> (Please do within 2 weeks of training).

POST- TRAINING

Reading / Viewing packet (You will need to have the required books/booklets for this work. These materials then become your Library which will help you and your clients.) www.babiesremembered.org

Part II Required readings / viewings / assignments completed

Part II Selected recommended readings complete

Required Reading List Completion Confirmation signed and dated (or emailed) from your

personal account and all placed in your Drop Box file.

One of the following completed: (Birth Experience)

Proof of labor & delivery experience as a licensed nurse

Midwife, Doctor or Birth Doula Certificate

Certificate of Participation in an “Intro to Childbirth for Doulas” class.

Proof of observing a childbirth preparation series as a non-participant. (Certificate of attendance or letter from instructor.)

Proof of attending/observing a birth (not as the birth parent)
(Signed and dated note from any participant is acceptable)

View at least 10 of the following short videos and complete **one** essay providing a description of the videos and what you learned overall. Please note that LDI does not support every intervention (such as stripping of membranes) or practice within these videos. They are meant to share some of what *might* happen in order to help prepare you.

	Name of Video	Min-Sec	URL
<input type="checkbox"/>	Handling the Hospital Prebirth	1-21	http://pregnancy.healthguru.com/topic/lab-or-delivery/delivery-childbirth?YahooBingBirthVideoB
<input type="checkbox"/>	Cesarean Section Delivery	2-59	http://pregnancy.healthguru.com/video/cesarean-section-delivery
<input type="checkbox"/>	Vaginal Delivery	3-29	http://pregnancy.healthguru.com/video/vaginal-delivery

<input type="checkbox"/>	All about Epidurals	2-41	http://pregnancy.healthguru.com/video/ev erything-epidurals
<input type="checkbox"/>	Your Options for Delivery Pain Relief	3-13	http://pregnancy.healthguru.com/video/deli very-medication-and-breathing?mode=cycle
<input type="checkbox"/>	Why is labor induced?	2-09	http://pregnancy.healthguru.com/topic/lab or-delivery
<input type="checkbox"/>	How is Labor Induced?	1-47	http://pregnancy.healthguru.com/video/ho w-is-labor-induced
<input type="checkbox"/>	Delivery problems with mom	2-17	http://pregnancy.healthguru.com/video/deli very-problems-with-mom
<input type="checkbox"/>	Delivery Problems with baby	2-15	http://pregnancy.healthguru.com/video/deli very-problems-with-baby
<input type="checkbox"/>	Common Pregnancy Complications	3-06	http://pregnancy.healthguru.com/video/co mmon-pregnancy-complications?mode=cycle
<input type="checkbox"/>	Birth Defects	6-15	http://baby.healthguru.com/video/understa nding-birth-defects?mode=cycle
<input type="checkbox"/>	The Business of Being Born	3-01	http://www.thebusinessofbeingborn.com/
<input type="checkbox"/>	Ina May Gaskin on fear in childbirth	0-59	http://www.youtube.com/watch?v=1zHsY1 pC4ew
<input type="checkbox"/>	Natural Birth, The 5 minute Natural Delivery	5-04	http://www.youtube.com/watch?feature=e ndscreen&NR=1&v=zD8j2JG2y3A
<input type="checkbox"/>	Labour & Birth, A Natural Hospital Delivery	9-55	http://www.youtube.com/watch?v=CHQuy sohDxE
<input type="checkbox"/>	The natural caesarean, a woman centered technique	11-59	http://www.youtube.com/watch?v=m5Rlca K98Yg

Two of the following completed: (Loss Experience)

- All events submitted must be after completing Baby Loss Advisor/Loss Doula Training, including Readings Part I
- Client events are allowed to be with your own client or as a support to another professional. They can be in person, over the phone, or via email. You will need client permission to share some information to show proof of phone/email.
- Essays are to include description of event; your role; description of mother's reactions; what you learned, and anything you would change if you could.

First Client Event with as many of the following documentation, as possible:

- Completed Client Confidentiality Release form or note (if able to get it)
- Completed form or written evaluations/documentation from a client, core caregiver, involved professional, or other involved individual. (examples:

Midwife, Nurse, Doula, Social Worker, Funeral Director, Pastor, etc.) or a note from the professional.

- Short self-evaluation essay (250+ words)
- Second Client Event with as many of the following documentation, as possible:
 - Completed Client Confidentiality Release form or a note (if able to get it)
 - Completed form or written evaluations/documentation from a client or a core caregiver. (Midwife, Nurse, Doula, Social Worker, Funeral Director, Pastor, etc.) or a note from the professional.
 - Short self-evaluation essay (250+ words)
- View film “Some Babies Die” by Dr. Peter Barr and complete short essay
- View film “Losing Layla” and complete short essay
- Provide at least two references** (Details in your application document.)
 - References are to be from individuals who can speak to your abilities and/or comment on your ability to help others in a loss situation.
 - If you are a bereaved parent at least one reference should speak to your growth, healing or present state of emotional health as it relates to being ready to help others in a loss situation. (Some examples: Clergy, counselors, medical supervisors, support group leaders, parents whom you have helped, work colleagues/managers, perinatal loss leaders, or someone who has observed your loss work.)
 - Your family members may not submit the required references.
 - References listed only as friends are discouraged.
- Complete “The Value of Baby Loss Advisor/Loss Doula Support” essay (minimum 500 words)**
 - Include: “I want to be a Loss Doula/Loss Advisor who gives ‘this’ kind of care”...
 - Include your challenges and strengths and what you have learned in the training and readings that will help you in being a Baby Loss Doula and promoting support.
- Complete the on-line final evaluation _____(date)**
<http://www.surveymonkey.com/s/K3BFS7R>
- LDI code of Ethics and Standard of Practice**
 - Sign and date to verify you will abide as set forth by LDI or write up a statement that you have read it and agree to follow it.
- Loss Advisor/Loss Doula Web and Contact Information form completed, signed and dated**
- Verify/update your contact information through an email to info@babiesremembered.org**
- Certification completed and organized.**
 - Use both this Roadmap and the *Certification Package Checklist* to ensure that everything has been done and put into your Drop Box folder.

Make a copy of all certification packet materials for your records

If you have questions or comments, please email us at info@babiesremembered.org or call Sherokee at 952-201-8667.