Rainbow Baby Advisor/Doula Curriculum Topics

**This new certification program will be offered beginning in September, 2017**

The following topics will be covered during this class. Prerequisite readings and videos required.

**Topics**

**Teaching care givers the whats, whys and hows**

* What families go through
* Why they feel the way they do
* How to specifically support them in areas such as the following:
* Deciding/Trying to get pregnant again

Infertility

Higher risk

Fears, worries and anxieties

Love, hope and attitudes

Timing of pregnancy

Replacing baby? Bonding issues

Potential bonding issues and ways to promote positive bonding (protecting vs empowering)

Shifting the mindset, reframing the Pregnancy and potential outcomes

Understanding feelings and emotions during the pregnancy

Feel it to heal it

Love yourself

Self-harm or hurting others

Intentions in caring –

Offer ideas as options and invitation (not statemetns that can be perceived as demands)

Birth plans and preparations

Children now and later

The birth, postpartum and parenting beyond

Naming

Parenting a live baby and a baby who has died

Answering tough questions

Family & friends

And much more…